

Help Resources

Your general practitioner can refer you to someone suitable

State primary clinical psychology resources:

Call and ask to see a psychologist. You may have to go onto a waiting list because of high demand.

Pietermaritzburg Assessment Centre, Northdale, 033-397 0382

Imbalenhle Primary Healthcare Clinic (PHC), Imbali 033-398 5013

East Boom PHC, city centre, 033-342 6022

Northdale Hospital, 033-387 2512

Edendale Hospital, 033-395 4911

Fort Napier Child & Adolescent Outpatients Department (OPD), 033-345 4221

State tertiary psychology and psychiatry resources:

Referral letter from GP needed.

Townhill OPD, 033-341 5631

Private psychologists (list is attached)

Lifeline 033 394 4444.